

What happens after Chrysalis?

Since you've been on your own you've become aware of how much you are changing. Transformation comes so quickly it's got you spinning. After your Chrysalis experience, you are encouraged to reexamine and reexplore your journey in the dynamic friendship that God offers you through Christ.

Following the three-day experience, you are invited to become intentional about your faith through local participation in campus ministries, local church, small group studies, and interpersonal sharing groups. These provide the fellowship and support for serving and giving love to your community and world. You are invited to build upon your Chrysalis experience the rest of your life, to remember and act on your first love of Christ every day.


Purpose

The event focuses primarily on the spiritual formation of young persons who are already related to the church. Chrysalis represents a commitment to Christ through the local church. The objective is to inspire, challenge, and equip younger adults for a closer friendship with Christ and for Christian action in their workplaces, campuses, churches, communities, and homes. Chrysalis lifts up a way for you to be Christ's friend and representative in the world.

Are you interested?

Chrysalis journey is open to ANY young adult of any Christian denomination. We invite you to join in an exciting three days meeting Jesus Christ, a friend who comes to you in God's love, expressed through other Christians. We invite you to rediscover your first commitment to Christ, rekindle the flame, and renew your spiritual energies. Remember your first love of Christ and be faithful.

For more information on Chrysalis journey and the schedule of upcoming Chrysalis events in your area, contact:



Ready...for your Chrysalis Journey!

Chrysalis is a resource ministry of The Upper Room,
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Rekindle, Rediscover, Renew, Remember- Remember. . . your first love?

"Remember therefore your first love, turn back to me, and work as you did before."

(Rev. 2:4-5, paraphrase)

On the surface it may not look like much is happening, but the delicate chrysalis process changes the cumbersome caterpillar into a unique butterfly with wings of intricate designs and brilliant colors. This process symbolizes how Christ's love transforms your life. It happens when you step outside yourself, opening your life to Jesus' power, like you did when you first made your commitment to Christ.

What is Chrysalis?

The roots of Chrysalis are deeply planted in its parent movement, The Walk to Emmaus. This three-day spiritual renewal time provides participants an opportunity to learn more about faith, to experience Christian love and support, and to make new faith commitments. The three days focus on God's grace, one's experience of Christ as friend, what it means to be the body of Christ, one's call into discipleship, and giving love to a needy world.

What happens at Chrysalis?

You will spend three days with other young adults in worship, prayer, fellowship, creative expression, recreation, singing, and discussion. You will experience the love of Christ through prayers and the acts of service from a loving support community. Think of it as three days for you to rediscover your spiritual self, to analyze and realize who you are in Christ.

You will hear talks given by your peers and other adults. Their words will offer the message of the gospel and the friendship and example of Jesus Christ. Each day speakers present topics with life examples, followed by discussion, reflection, and creative expression of how these messages can encourage your personal faith.

You'll learn how to incorporate spiritual disciplines into your life and rediscover that, although you're busy and are living some intense experiences, prayer, Bible study, and Christian action are tools that provide paths through life's jungles. You will explore how your friendship with Jesus helps you live your faith with family, friends, and community.

Who attends and why?

Young adults, ages 19-24, come together to

- ◆ strengthen their friendship with Christ;
- ◆ discuss unanswered questions about what it means to be Christian;
- ◆ discover a positive Christian vision, a basis for living, and guidance for decisions that influence their lives;
- ◆ recover spiritual roots and an understanding of being the church;
- ◆ benefit from the spiritual enrichment that comes from sharing faith with peers;
- ◆ learn who they really are in God's eyes;
- ◆ enjoy relationships of acceptance within the body of Christ;
- ◆ spend time in prayer alone and with others.